



A Multi-State Curriculum Consortium

Personal Development

- **Finance**
- **Leadership**
- **Stress Management**
- **Etiquette**
- **Communication**
- **Self-Esteem**
- **Parliamentary Procedures**

So You Want To Move Out?

Like the person in this video, many young adults dream of the day they move into a place of their own. The upbeat presentation identifies the responsibilities involved when making "the big move." Topics include deciding what type of living quarters fit your needs, determining the move-in costs, finding an apartment, understanding a lease, arranging for utilities, furnishing your new home and making up a working budget. A supplement is included.

CEV00650 (VHS/DVD) \$99.00

Skills for Real World Survival

Skills for the real world are a necessary part of every student's scholastic and life success. This Microsoft® PowerPoint® presentation not only illustrates the skills students will need to achieve their academic goals, but also helps develop an understanding of how students can apply their knowledge outside the classroom. The presentation explores communication skills, analytical skills, personal skills, interpersonal skills, organizational skills and business-management skills. The production also highlights issues, such as verbal vs. nonverbal communicating, reading comprehension and assessing self accuracy, team work, prioritizing and resolving conflict. Students will learn to communicate affectively with their peers and adapt to new groups, along with how to analyze their work and how to apply the decision-making process. Skills for Real World Survival is sure to teach every student how to triumph academically, socially and personally.

CEV70227 (PowerPoint) \$119.00

Family Life Issues

This presentation provides students with an in-depth look at basic family functions and societal roles. Explore family laws and public policies, career decisions and workplace trends, technology, the changing job market and how these issues affect the family. Provide students with thought-provoking questions regarding the societal, cultural, demographic and economic factors impacting one's role and responsibility within the family.

CEV70006 \$69.00

Finance

Money Matters

What is the difference between a want and a need? What are the secrets to a successful budget? Answer these questions and others with Money Matters. Learn the four basic reasons for financial failure and the seven basic laws for accumulation of wealth. Complete understanding of the power of money can lead to smart and successful financial planning. A supplement is included.

CEV00714 (VHS/DVD) \$99.00



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Living On A Budget

Graduation is around the corner and soon you will be living on your own. What is a budget? The presentation takes you through the budgeting process. Discussed are costs, such as housing (e.g., rent, deposit, furnishings), food (e.g., grocery shopping, eating out), lifestyle (e.g., clothes, entertainment), insurance (e.g., premiums, deductible, life, auto, medical), bills (e.g., electric, phone, water, gas, cable) and car (e.g., financing, maintenance). You also will learn about credit cards (e.g., management, interest rates), banking, debit cards, IRA accounts and taxes. Helpful for anyone who is beginning life on their own. A supplement is included.

CEV00987 (VHS/DVD) \$99.00

Credit: You're in Charge

Learn basic terminology, the importance of good credit history and the secrets to receiving credit in this program. Credit: You're in Charge explores the advantages and disadvantages of credit use. Explore selecting the form of credit right for you. Answers to frequently asked questions concerning educational loans, installment loans, credit cards and other forms of credit are discussed. A supplement is included.
CEV00713 (VHS/DVD) \$99.00



Personal Financial Planning

Planning is the key to financial success. Students are encouraged to consider the factors affecting their financial decisions and analyze the cost of living, such as housing, food and transportation, throughout the life cycle. Life cycle planning and the aspects of personal risk management are explored in this Microsoft® PowerPoint® presentation, as well as the affects of demographic, cultural, societal and economic factors on families. Students also will discover the importance of a reliable financial plan when faced with a crisis.
CEV70007 (PowerPoint) \$59.00

Leadership

Concepts of Effective Leadership

Outstanding leadership advice is provided in this energizing presentation exploring styles of leadership, basic motivation, human relations, skills for effective leadership and methods for setting and achieving personal and organizational goals. A supplement is included.

CEV00305 (VHS/DVD) \$69.00

Leadership Styles

Each person has a leadership style he or she feels comfortable using. However, a specific situation merits its own unique style. The student will learn acceptable leadership styles (e.g., autocratic, democratic, laissez faire) and how to instill leadership qualities in others. This presentation will help the student understand how to choose and utilize different styles of leadership to get the job completed.

CEV70052 \$49.00

Stress Management

High Anxiety Handling Stress and Managing Time

This video deals with the issues of over-scheduling, fierce competition and the unrealistic standards leading to unbearable stress in students' lives.

APP68016 \$70.00



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Stress: Managing for a Healthy Life

Stress can literally be a killer, but those who learn to control their stress levels can enjoy a healthier and happier life. This program has been designed to help viewers identify the physical, mental and behavioral causes of and reactions to stress. Viewers are shown how moderate stress can create higher performance and better energy. Destructive effects of high or long-term stress also is provided. Also shown are specific ways to deal with stress, such as breathing control, adaptive self-talk, action and self-approval. A supplement is included.

CEV00638
(VHS/DVD) \$95.00

Acceptable Social Etiquette

People who have a well-established idea of what is right and wrong seem better able to do the right thing. Stressing the cornerstones of social behavior— respect, honesty, fairness and responsibility— the program helps prepare young adults for making difficult decisions. Topics discussed include acceptable behavior, peer pressure, the importance of friendships and the destructive forces of alcohol and drugs. Then, viewers are presented with three tough situations and asked, “What would you do?” A supplement is included.

CEV00669
(VHS/DVD) \$85.00

Etiquette

Fundamental Restaurant Etiquette

Dining in a restaurant means using your best table manners; and whether you are eating with a special date or a business prospect, you will want to make a good impression. Start on the right path by reviewing proper procedures for choosing a restaurant, being seated, ordering food, using the silverware and glasses and tipping. The video also provides common sense “do’s and don’ts” to help cover situations possibly arising in a restaurant. Once you have viewed and practiced the information, you will have little trouble with the rules of dining out. A supplement is included.

CEV00588 (VHS/DVD) \$115.00

Fundamental Table Etiquette

The fun and informative video will soon have you ready for any dining adventure. Viewers learn to use their common sense as a guide when properly using china, silverware and stemware in a four-course meal. Then, your guide takes to the streets to teach passers-by how to properly (and publicly) eat asparagus, spaghetti, crab legs and other “skills-testing” meals. Tips, guidelines and answers to common etiquette questions are provided. Bon appetit! A supplement is included.

CEV00587 (VHS/DVD) \$115.00

Communication

Healthy Communication

What do you do the most of in a day? Communicate. Communication is vital to success. With this Microsoft® PowerPoint® presentation, explore the basics of communication and comprehend the different types of communication, such as verbal and non-verbal. Discover helpful information and tips on how to communicate emotion, how to respond to criticism and the healthy way to deal with certain problems, such as stress and anxiety. Case studies also are provided to help students identify the characteristics of positive and negative relationships. This presentation is designed with FlexContent.

CEV70226 (PowerPoint) \$79.00

Conflict Resolution

Learning how to deal with difficult decisions and uncomfortable situations can help ease the stress accompanying them. Join "Kat" and "Rich" as they journey through Life 101. Features candid discussions with students who have had personal experiences with racism, sex discrimination, destructive family patterns and other conflicts. Life is too short to be filled with strife, so learn some of the techniques presented in the video to reduce the conflicts in your environment. A supplement is included.
CEV00645
(VHS/DVD) \$115.00

Keys to Effective Speaking

Delivering effective, interesting public speeches is made easier with the help of two energetic young men who share tips to success. Listen as they explain the three P's of writing and delivering a speech. Other topics they explore include audience considerations, topic selection, style, clarity, speaking from notes, gestures, intonation, technical considerations and avoiding typical pitfalls. They demonstrate advice while delivering two very different speeches. A supplement is included.
CEV00304 (VHS/DVD) \$79.00



Understanding Cultural Differences

America has traditionally been a melting pot of cultures and ethnic races. Gaining an understanding of others is an important first step in developing friendships and a common respect. The presentation introduces viewers to some of the traditions and views varying cultures embrace. Going beyond the outdated "costumes and food" tour of other nations, the presentation lets students of different cultures and ethnic backgrounds provide their own insight and basis of understanding. The importance of overcoming barriers and dealing with a multicultural environment is stressed. A supplement is included.
CEV00647 (VHS/DVD) \$95.00

Self-Esteem

The Truth About Body Image

Teens are faced with many pressures regarding body image, such as the muscle men and waifish women featured in ads and magazines. This program shows its teenage viewers how popular ideas of "beauty" damage teens physically and psychologically. Teens comparing themselves to the "life-size"—and completely unrealistic—proportions of Barbie and Ken dolls illustrate the connection between such idealized images and student consumption of steroids and diet pills. Visits to a magazine modeling session and computer graphics artist show how the models and clothing are manipulated and photos are altered to ensure the models' appearance fits the currently accepted image. Even these supposedly "perfect" people aren't what they seem. A trainer for the San Francisco 49ers discusses steroids, and Keena Turner, a former San Francisco 49er, relates how he became a Super Bowl champion without using steroids; former model, Magali Amadei recounts her painful battle with an eating disorder. Compelling media support for Health, Guidance and Life Skills units on self-esteem, resisting peer pressure, behavioral choices and consequences, eating disorders, alcohol and drug education, suicide prevention, youth-at-risk and family life issues.
AIM24048 \$150.00



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Self Concept: Discovering Who You Are

Explore self-concept and its two components: self-image (material self and social self) and self-esteem (the evaluation of our self-image). Ideal for today's maturing young person trying to understand himself or herself, the program explores how family, school, friends, work, media and self-talk help determine who we think we are. Insightful interviews with eloquent professionals and genuine students, special effects, humorous clips, energetic music and stimulating questions promote participation and involvement. A supplement is included.

CEV00931 (VHS/DVD) \$95.00

Parliamentary Procedure

Parliamentary Procedure—I

A fast-paced introduction to competitive parliamentary procedure, the presentation given by FFA members includes the following motions: main motion, lay on the table, previous question, refer to a committee, amend, point of order and appeal from the decision of the chair. The purpose, pertinent facts and an example of each motion are provided, plus questions for study and discussion.

Recommended for training highly competitive parliamentary procedure teams. 35 min.

CEV00313
(VHS/DVD) \$89.00



Parliamentary Procedure—II

Continuing where Parliamentary Procedure I ended, the competitive-level video by members of FFA includes the following motions:

suspend standing rules, division of the assembly, nominations and elections, parliamentary inquiry, leave to withdraw a motion, adjourn, take from the table, reconsider, rescind and opening and closing ceremonies. The purpose, pertinent facts and an example of each motion are provided, as well as questions for study and discussion. 36 min.

CEV00314 (VHS/DVD) \$89.00

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